

WEEK 01

► WATCH VIDEO 1

► DISCUSS

- 1) When have you experienced growth, and what contributed to that experience?
- 2) What are some challenges that can slow down your growth?
- 3) What role does grace play in growth?

“For the grace of God has appeared that offers salvation to all people. It teaches us to say “No” to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age.” Titus 2:11-12

- 4) How does grace teach us to live "self-controlled, upright and godly lives in this present age"?

“Grace anchors us if we will let it. You want to be around people who are full of grace. Grace applied looks like kindness, compassion, forgiveness, patience, etc.” — Hud

Grace bridges the gap between the actual self and the desired self. When we know God more and grow in our knowledge of him, we grow in our desire to be more like him, but the living out of Christ-like qualities only happens through living out grace in our life. Grace is what leads to growth. If your desire is to be more patient with your spouse and kids, grace is necessary, but how do you apply grace if you don't understand it?

- 5) What excuses do you find yourself making as to why you do not experience growth?
- 6) What's a growth area in your life that you need to bring grace into?
- 7) How could grace change that area of growth you've identified?

Hud reminds us, “Learning is the thing that keeps us alive. We are designed to grow throughout our lifetime in every area of our life... You can stop [growing], but God is standing in front of you calling you into the future. He's the one who inhabits tomorrow”.

► PRAY

Spend the last 10 minutes, as a group, praying for grace to enter into your growth areas.