

DAY 17. — GRATITUDE

“And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.”

COLOSSIANS 3:15-17

Last week we spent time praying for our families, communities, state, nation, and the world. Paul reminds us in Colossians that if we are in Christ, we are one body. Three times in this passage he reminds us to be thankful. Imagine what our world would look like if each of us expressed true gratitude. Gratitude changes our heart posture. In a season of heartache, loss, or scarcity, gratitude says I have what I need in Christ.

You have a remarkable capacity for goodness in your life. God has already given you everything you need to accomplish what he desires, so give thanks to him in advance. Tell him that you are grateful for the things he has done and the things he has yet to do. You can write down a list, sing your own song of praise, or just spend a quiet moment reflecting on your gratitude and praise toward God.

PRAYER:

Father, thank you that in Christ, we have unity in the body. Please be working in my relationships to bring peace. Thank you that I have everything I need to accomplish what you desire in my life. Thank you for the many ways you have blessed me and for watching over me. Help me to see new things that I can be thankful for and new ways that you are working around me. I want to experience your presence and your love in a fresh way today. Thank you for who you are and all you have done for me.

What’s something you’re thankful for today?

Thank him for something new that you’ve never thanked him for before.