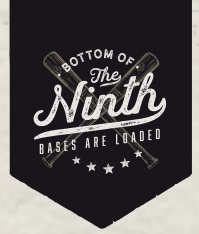


# *standing strong* UNDER PRESSURE



## READ [MATTHEW 4:1-11](#)

1. What stood out to you as you read?
2. Have you ever considered there's a specific, desired outcome the enemy wants to produce in your life through temptation?
3. Consider the agenda Satan had with Christ: twisting desire, causing doubt, deceiving, influencing decisions.
  - a. Read [verses 1-4](#). What was Satan's agenda?
  - b. Read [verses 5-7](#). What was Satan's agenda?
  - c. Read [verses 8-11](#). What was Satan's agenda?
4. Where have you seen the tempter's agenda in your own life?
5. How does Jesus stand strong under pressure from Satan?\*
6. Pastor CJ highlights three areas where Satan will often tempt us: when we are strong, when we are HIT (hungry, isolated, tired), and with appealing opportunities.
  - a. What are the warning signs in your life when temptation is present?
  - b. How do you fight temptation in each of these areas?
  - c. Where have you experienced these temptations in your life?

### *\*Hitting it Home*

Jesus's victory came through the combination of complete reliance on the Spirit and exercising spiritual disciplines.

Spiritual Disciplines – practices and habits that grow your faith, strengthen your relationship with God, and make you more like Christ in your daily life.

Disciplines seen in [Matt. 4:1-11](#):

- Prayer
- Submission
- Scripture memorization and study
- Fasting